

## Master Course Syllabus

### BEH 3030 – Behavioral Health Program and Case Management

#### Purpose of Document

This document contains important information about this course’s objectives. It may be helpful for you to retain a copy for your records, along with the class specific syllabus. This document will be especially helpful if you decide to later change your course of study.

Pikes Peak State College and the Colorado Department of Higher Education have determined that graduates should have a broad range of learning skills as well as discipline related skills. Both types of skills are detailed below.

#### Course Description

Examines behavioral health program development and case management practices. It explores the principles and strategies for designing, implementing, and evaluating effective behavioral health programs. The course focuses on the practical application of case management skills, including assessment treatment planning, resource coordination, and advocacy. The course reviews ethical considerations, cultural competency requirements, and multidisciplinary, whole-person approaches to behavioral healthcare treatment.

Credit Hours: 2

Contact Hours: 30 (Lecture)

#### Required Course Learning Outcomes

1. Analyze the principles and components of effective behavioral health programs.
2. Evaluate comprehensive program plans.
3. Analyze evidence-based case management and resource coordination practices.
4. Apply ethical and legal principles to case management practices.
5. Demonstrate cultural competency in working with diverse populations and communities.
6. Create examples of effective collaboration strategies for multidisciplinary teams to promote integrated care and holistic approaches to behavioral health.

#### Required Topical Outline

- I. Behavioral health programs
  - A. Types
    1. Healthcare setting
    2. Mental health facilities
    3. Substance abuse treatment centers

4. Correctional settings
  5. Responsible parties
  6. Social service agencies
    - a. Child welfare agencies
    - b. Foster care system
    - c. Adoptive families
    - d. Domestic violence shelters
    - e. Supportive housing
  7. Educational institutions
  8. Community organizations
- B. Principles
- C. Components
- D. Program evaluation
- E. Effective resource allocation
1. Needs assessment
    - a. Individuals served
    - b. Communities served
  2. Funding sources
    - a. State
    - b. Federal
    - c. Donor
    - d. Grant
- II. Program plans
- A. Process
1. Needs assessment
  2. Program goals
  3. Benchmarks
  4. Evaluation strategies
    - a. Outcomes
    - b. Impact

- c. Data-informed decision-making
    - d. Quality improvement
  - B. Models
  - C. Theories of change
- III. Case management
  - A. Models
    - 1. Strengths-based
    - 2. Integrated
    - 3. Collaborative
  - B. Case manager role
    - 1. Care
    - 2. Advocacy
  - C. Evidence-based practices
    - 1. Diverse populations
    - 2. Identity factors
  - D. Assessment
    - 1. Biopsychosocial
    - 2. Diagnostic
  - E. Treatment planning
    - 1. Collaborative
    - 2. Multidisciplinary
  - F. Service coordination
  - G. Recovery focused
  - H. Resource coordination
    - 1. Identifying
    - 2. Accessing
    - 3. Coordinating
      - a. Multiple providers
      - b. Multiple systems
      - c. Decision-making hierarchy

- d. Responsible parties
- 4. Network creation
- 5. Partnership building
- I. Advocacy and empowerment
  - 1. Clients' rights
  - 2. Access to services
  - 3. Self-advocacy
  - 4. Informed decisions
  - 5. Barriers
- J. Crisis intervention
  - 1. Identification
  - 2. Strategies
  - 3. Safety planning
  - 4. Risk management
  - 5. Suicide prevention
- IV. Ethical and legal principles
  - A. Confidentiality
  - B. Informed consent
  - C. Advocacy
  - D. Duty to warn
  - E. Dilemmas
    - 1. Decision making process
    - 2. Consultation
- V. Cultural competence
  - A. Diversity, Equity, and Inclusion (DEI)
  - B. Assessments
  - C. Interventions
  - D. Disparities
- VI. Collaboration strategies
  - A. Identifying key stakeholders

- B. Communication
- C. Teamwork
- D. Integration
  - 1. Medical
  - 2. Social
  - 3. Behavioral
- E. Conflict resolution
- F. Differences in priorities among stakeholders