

Master Course Syllabus

BEH 3001 – Treatment of Mental Health Disorders within Existing Systems

Purpose of Document

This document contains important information about this course’s objectives. It may be helpful for you to retain a copy for your records, along with the class specific syllabus. This document will be especially helpful if you decide to later change your course of study.

Pikes Peak State College and the Colorado Department of Higher Education have determined that graduates should have a broad range of learning skills as well as discipline related skills. Both types of skills are detailed below.

Course Description

Examines the treatment of mental health disorders within existing healthcare systems. This course explores the role of Medicaid, Medicare, and other systemic frameworks in providing mental health services and discusses the challenges and opportunities for integrating mental health treatment into primary care settings. This course analyzes evidence-based practices and interventions for addressing mental health needs within the constraints of current systems.

Credit Hours: 3

Contact Hours: 45 (Lecture)

Required Course Learning Outcomes

1. Describe the role of Medicaid, Medicare, and other healthcare systems in providing mental health services.
2. Identify challenges and opportunities for integrating mental health treatment into primary care settings.
3. Analyze evidence-based practices for addressing mental health needs within existing systems.
4. Evaluate strategies for improving access to mental health services within current healthcare structures.
5. Analyze a comprehensive plan for implementing mental health interventions within a specific healthcare setting.
6. Assess the effectiveness of mental health treatments delivered within existing systems.
7. Propose systemic changes to enhance the delivery of mental health services

Required Topical Outline

- I. Healthcare systems
 - A. Medicaid

- B. Medicare
- C. Private insurance
- D. Uninsured populations
- E. Other coverage systems
 - 1. Court mandated
 - 2. Victim Assistance Law Enforcement Program (VALE)
- II. Integration into primary care
 - A. Collaborative care models
 - B. Screening
 - C. Assessment
 - D. Referral processes
 - E. Care coordination
 - 1. Acute
 - 2. Chronic
 - F. Recovery-Oriented Systems of Care (ROSC)
- III. Evidence-based practices
 - A. Pharmacotherapy
 - 1. Medication-Assisted Treatment (MAT)
 - 2. Psychosocial supports
 - B. Psychotherapy
 - 1. Cognitive Behavioral Therapy (CBT)
 - 2. Dialectical Behavior Therapy (DBT)
 - 3. Interpersonal Therapy (IPT)
 - 4. Psychodynamic Therapy
 - 5. Acceptance and Commitment Therapy (ACT)
 - 6. Other
 - C. Telemedicine and e-health
 - D. Artificial Intelligence (AI)
 - 1. Chatbots and virtual assistants
 - a. Screening

- b. Intake
 - c. Referrals
 - 2. Predictive analytics for early intervention
 - 3. Personalized treatment recommendations
 - 4. Privacy concerns
 - 5. Compliance
- IV. Strategies for improving access
 - A. Expanding provider networks
 - 1. Primary care co-location
 - 2. Medical transportation
 - B. Utilization of peer support specialists
 - C. Increasing mental health literacy
 - D. Reducing stigma
 - E. Community involvement
 - F. Family involvement
- V. Mental health interventions within specific settings
 - A. Federally Qualified Health Centers (FQHCs)
 - B. Rural health clinics
 - C. School-based health centers
 - D. Workplaces
 - E. Employee Assistance Programs (EAPs)
 - F. Correctional facilities
 - 1. Juvenile
 - 2. Adult
 - 3. Secure
 - 4. Community-based
- VI. Evaluation within existing systems
 - A. Quality measures
 - B. Performance indicators
 - C. Patient outcomes

- D. Patient satisfaction
- E. Cost-effectiveness analysis
- VII. Systemic changes to enhance mental health service delivery
 - A. Policy reforms to improve mental health parity
 - B. Workforce development
 - C. Training initiatives
 - D. Expansion of value-based payment models
 - E. Collaboration with community support systems
 - 1. Support groups
 - 2. Community centers
 - 3. Peer support networks
 - 4. Family engagement
 - F. Cultural awareness and inclusion